**Animals adapt in a wide variety of ways. Here are a few.**  
1. Many animals adapt to be good tree climbers, and thus become arboreal, or tree dwelling. This way they stay up of the ground and away from some of the large predators. They also use this adaptation to access fruit high in the canopy.   
2. Many rainforest animals are good swimmers. Even jaguars and sloths can swim!   
3. Some animals have an advanced ability to remember where the fruit is and when it's there, and the quickest route through the canopy. That saves precious time and energy for arboreal primates, who otherwise would probably starve by wasting so much energy travelling through the canopy.  
They adapt by doing physical adaptations to help them change into their environment (surroundings).   
  
Animals adapt to their habitat by living in the tops of the trees so that they can get food off the trees like figs or they can go to brighter light and claim their spot over the forest.

**Sloth**

Sloths are fitted with big hooked claws that enable them to hang on trees without falling off - upside down!

Since they have a very slow metabolism, they require little food.

They are able to disguise themselves to look like part of a tree whilst asleep – preventing them from being hunted by predators.

**Spider Monkey**

They have a powerful tail that they use as an extra limb - likes to hang upside-down with all four limbs and the tail holding on to a branch which makes them look like a spider and thus their name.

They are able to swing from branch to branch at high speeds

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**Toucan**

One of the main reasons I find toucans fascinating is that they are actually important to the rainforests – they disperse seeds around the forest, as well as seeds.

Their homes are made by themselves, by making holes in trees